

Noetic Sciences Target tasked by IONS - NS24  
Remote viewed by Anita Ikonen - Method EEC  
Target no target number  
Today March 20, 2019  
Start 12:59 noon

Noetic Target 24  
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location: sofa, living room, family home in Sweden. Quiet but people around.

First a meditation. The way that I meditate by the way is to place my attention on my brain and I can feel and find active tense areas which I soothe and calm down, it is like releasing the energy that is tied up in those areas so that that energy can be used for other processes, plus also that the attention that is going continuously into those focused areas relaxes so that attention can notice other influxes of information coming in to the brain. So we release both the currency of energy and the currency of attention, not just removing the disturbance of irrelevant areas that are active, but also releasing more potential for the influx of RV related information, so it works in those two ways I think.

Wow, I was meditating and I happened to think to a video game The Sims 2 that I am playing, I recalled images from the game and sensations I have when playing it and also thoughts about what I would like to do in the game, and I noticed how these thoughts made several small regions in my brain shrivel up, meaning tense up, contract, get a knot.

Is the free-flowing calmed brain more conducive to remote viewing? In terms of released attention and released energy yes, but I find these RV meditation experiments very interesting. I was inspired to start meditating before RV from reading in Courtney Brown's book where he says that meditation is useful before an RV session. Back to the meditation. Meditation always makes me happy and smile.

1:06 PM Ok enough with meditation I don't do a deep thing out of it. Time to see the target gray box.

Cold and sad and a wooden pole is my first initial impression.

1:13 PM Secondary stage, probe the elements.

Revision of procedure: Always when I find new elements in the secondary stage, meaning when I am probing the initial elements and I find new additional elements, I label those as SE secondary elements in the elements listing. And, always when I probe elements, whether those be IEs or SEs, I write the impressions gained during probing, with the prefix SE at that element. I want to from now on be able to distinguish these two uses of the label SE. I will still use the old notation throughout this session, but I hope to starting from the next session use SE only for secondary element, and the

new prefix P or PR for probe to note impressions gained about an element during probing. SE was being used up until now for two different things: for new SE elements, and for impressions gained from probing an IE or SE element.

Note, looking at previous target which had movement but element standing in one place and pushing, and here I have movement moving from one point and relocating itself onward, if I ever teach RV to people we need to learn to distinguish between these two types of movement: whether the element is moving in place or it is moving away from its place.

All elements probed. Now probe freely and in more detail.

I tend to do that I first probe all elements in the list by just tapping on them to see what shows up, this often reveals new additional secondary elements. After doing that for all elements, a basic general tap, it then remains for me to do a more thorough probing also where I feel out all the sides. I do not remember how I probed elements before... but nowadays I tend to just tap them when I do the run-down of the elements listing and to save the thorough feeling out the sides kind of probe for later. The tap is quicker, the feeling out the sides is more thorough and laborious. Reminder, that to feel out all the sides, requires to reconnect with an element and not to recall it from memory.

I suspect that it is better to first probe elements with both tap and with feeling out the sides (a thorough and exhaustive complete probing), BEFORE doing the "look at an element from another element", because that way we have already got a better grasp and look and idea of what an element is, so that we can start *looking* at them.

1:49 PM Pause bathroom break and laundry.

1:55 PM Resume.

Find the human and locate his feet: His legs bend at the knees and turn into one or two of those blue V shapes. Probe those V shapes: these are pointing upward in the shape that a V is and not as the upside down V we had before. Something SLIDES across them but it scrapes as it slides there is friction and screeching. There is a very heavy object connected to the blue V, I suspect this to be the gray box. There is power, movement, it feels masculine, like sports or machines, it demonstrates something powerful that the man can do with a constructed item which is heavy and uses force and does forward movement.

Go to target site: I drop to the ground and place one ear against the ground lying on my right side. Something curled itself into a ball, it was the man, he moves. Sit at the target site: The blue V shape has some elevation. Probe the blue V shape: Its lower two ends are connected to the ground. Probe that V - ground connection: It feels so sad here. And cold. Something moves across the V. The air is really fresh so we are definitely outdoors. So sad here. No heat here.

Shook method: Something moves inward into the page. It is slow flowing and sad here.

Fiber displacement left to right: Soft flowing blue colored floor is most significant.

Fiber displacement right to left: There is a solid element standing on the right. Probe it: It reminds

me of the gray block that is heavy but this one is taller than the gray block in the center was.

Something moves across the tracks and makes a screeching sound when it hits the breaks.

Fiber displacement down to up: No most of the mass and elements want to stay on the bottom, most things of the target are on the floor.

Fiber displacement up to down: There is air above the floor and the air is mostly empty.

Fiber displacement front to back (or front to inward): Things are here that can slide across the floor inward.

Fiber displacement back to forward (or back to front): NO! These things do not want to move that way it creates the feeling of upset and commotion, the feeling of violating what they want to be!

Look at hands from blue V: The hands twirl something around, the hands push an object so that the object is turned around. Locate object that was turned around: It gets knocked down onto its side.

Go to target site walk around: There is a structure here. The structure is weighed down it is very heavy. I find a red wall on the left side. The wall is very tall and appears to be made out of red bricks. There is a chair on the central heavy element, it has got a chair. Go to the chair and sit on the chair: Haha! We are moving and we are traveling! We have got a vehicle of some sort. The chair is located rather high up from the floor.

The man is belly down against the ground and his arms spread to the sides, he moves forward and then his body curves into a ball or into the fetal position almost by turning his body toward the left and back down. The moving object is very heavy and it is V shaped. Aha, I touch the blue V on both sides, it first points upward then it turns and it points downward, then I pat along toward the ends and the blue ends connect to the beige V ends and merge. The beige V dissolves into light-weight and airy and into light when I probe at it, the beige V is not as solid as the blue V. The beige V is soft.

I pinch the blue V and I hear the screeching sound and see and feel as something turns around in the horizontal plane in one spot on there and is producing the screeching sound.

I go to the target site, I find the naked beige man on his belly with arms to the sides, his eyes are closed. I reach toward his legs and feet and find that the legs turn black and fold down into the vertical and then modify into becoming the blue V.

2:40 PM I have to end the session here, I feel that there is a weak target contact or connection, the signal has problems. I am having a hard time probing the elements around surrounding them and around the elements themselves.

First guess: Man on a mountainbike.

Second guess: Train.

Third guess: Airplane but on the ground not up in the sky.

Fourth guess: Man drilling with a heavy duty drill and there is gravel.

Feedback: The image is of fruits on a background. I see zero correlation to the target. The Noetic grading system also scored me with zero. This is possibly the worst RV session I have EVER done. This is seriously extremely bad. But I am thrilled to see this result, because it shows how good, in

contrast, my good RV sessions really are!

There is no man, no V shape of any kind, no pole, no bike or train or drill, no machinery, no manmade objects WHATSOEVER, no chair and no bike, nothing heavy of mass or weight, nothing sad or blue or water, no gravel, no movement, no motion, no hands, nothing moving inward and nothing moving by turning, nothing sports or tools or vehicle, nothing cold or outdoors, no brick wall and no chair. This is as bad as it could possibly get, in terms of RV correlation.

I have perhaps never had a session turn out this bad. So this is exciting and stimulating and interesting. Isn't this what we should always be getting, if RV doesn't work? I am happy to see that it can go this bad, because it puts more value on my good sessions.

Why did this one go so badly? Some sessions fail. Sometimes I am not at the right address. I am very happy to get this kind of result, it is very valuable and important because if such a poor result would never happen, it could suggest to some skeptics that there can always be correlation just by putting down random things. This shows how bad it can get. But of course I really tried my best, I put in more effort than usual, sometimes I am lazy with probing elements but here I put in a lot of effort and pushed myself, not at 100%, but that does not even matter since all of my elements were wrong.

2:47 PM End session and notes.

#### ELEMENTS LISTING

IE. Cold, blue, sad. Cold water. It feels so sad here. No heat. Nothing yellow (could indicate no light or no heat).

SE. A cold wind blows upward from these. It is seriously cold here at the floor, wonderful cold fresh air.

IE. Wooden pole, a bit thick and not very tall. Seems connected to the V-shape like as a house.

IE. V-shaped floor with the point pointing inward. Seems connected to the wooden pole like a house. This is the blue one on the floor.

SE. This is same element as the bike front / drill. Something moves forward on this blue V. The man on the mountainbike makes a powerful turn around on this V.

SE. A V-shape points toward the pole like the parts of the roof of a house, this is the beige one at the pole.

SE. Scraping sound, when I poke the blue V on the floor I hear a loud scraping sound like when a mountainbike hits the breaks and scratches against gravel.

SE. There is red flesh, like ground up meat, at the blue V-shape on the ground.

SE. There is stress and chaotic hectic about this flesh, something is happening very hectically, it also appeared to be moving quickly and hectically onward, meaning moving not in place but moving

away from its point.

SE. Movement, something moves inward on the blue V on the floor.

SE. Two human hands, when I probe the beige V shape the V turns into two curved shapes down forward and terminate as two large soft beige human hands.

SE. The hands are working with the heavy gray object, like drilling, a kind of drill was found. The hands DO something, they do a swift elegant motion which requires SKILL and TALENT to do it, it is done almost like a show to demonstrate that the person was able to do this, I mean that the person is SHOWING OFF the moves. The hands are connected to the red flesh. There IS a human body, found from the gray box element, it is lying down in the horizontal at floor elevation. The large hands belong to this human.

SE. The human feels the gray box which is beneath him, but his hands are not on the gray box. His hands are pushing downward on an object.

SE. How do I probe a sound element? I find a very heavy gray object pressing down at where the sound appears.

SE. Wow, this gray element SKIDS across the floor, making that scraping gravel sound! Wow! This gray element makes a topsy turvy and then I find a human body lying down in the horizontal on the floor level!

SE. I find a bulge sitting on the floor underneath the blue V, I presume that this bulge is the same as the gray block element. This bulge element can be easily pushed and turned around on the floor, it is not attached and it slides around its vertical axis easily. It feels like metal and feels very cold. IT IS MOVING FORWARD, it travels forward into the page. There is a human near it or at it.

SE. A kind of drill object was found, which the hands are pressing down on, feels connected to the gray element. It reminds me of the front with handles of a mountain bike, or one of those heavy duty drills that are used to break open pavement. Aha! This drill is the same element as the blue V!

SE. Gravel, something moves across gravel and makes a scraping sound. That which moves is very heavy.

SE. Red brick wall on the left side.

SE. Chair on top of the central structures at some elevation.

#### CONNECTIONS

The hands connect to the red flesh.

Blue V is same element as the bike front / drill element.

Blue V two lower ends connect to the ground.