Noetic Sciences Target tasked by IONS - NS21 Remote viewed by Anita Ikonen - Method EEC Target no target number Today March 18, 2019 Start 3:13 PM

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location: sofa, living room, family home in Sweden. Very quiet and calm.

I start with a few minutes of meditation, it felt good in the previous Noetic session and it may have also been helpful toward a better performance. It feels good to meditate, I feel myself smiling and letting go of concerns from my daily life. My breath rate went way down from meditating to where it was like I was naturally holding my breath for long periods, it felt natural and good that way. The meditation does result in me feeling very different, very calm, thoughts run more slowly. If thoughts run more slowly, then... I do expect that those quick inserts by logic might not happen, at least not in that quick way. So perhaps meditation slows down the thinking mind and that stops those logic insertions? Wow that would be great.

3:20 PM I now see the target gray box.

I will again for this text report not make text notes. I will do an initial stage, list the initial elements as always, then do a secondary stage where I probe the elements and list new SE impressions for the IEs as well as list new SE elements that appear. I will have all elements probed, then probe freely. Then do look at element from other element. Then hopefully still have energy and motivation to do the third stage of probing the target landscape. The full chronological sequence of when what impressions appear, becomes not documented, since impressions are listed not chronologically in the elements listing, but are listed at the element it concerns. However, the sequence in which an element is first discovered, remains as always perfectly documented since they are listed in the order in which they appear, as always.

Warm and happy, sunny and smiling. (I can still write general descriptive notes like this here, since this what I just wrote is not exactly "an element".) Very warm.

After I drew the light blue disc, I noticed logic looking at my drawing and working hard with mental work trying to piece concepts together to make logical sense out of what I was looking at, comparing the figures I have drawn with its database of all known images and objects and shapes. I had to stop logic from doing that process, we are nowhere near at a point where labeling - logical labeling - would be appropriate. I will save a version of the drawing that logic was looking at when it was doing it, and label it "logic was looking at".

I just want to say. The detail is wonderful. I am enjoying the little bumps on the light blue glass discs,

and the little dark brown bumps on the outer surface of the brown tube. Is my RV progressing into more fine details? I was especially impressed with the "white flower petals" and the gridlines in a recent previous Noetic session that was the skyscraper, and also the previous Noetic session that was the hot air balloon also produced some great fine details on my drawing, consistent with the target.

I make a note. I am looking out the window and seeing the bare birch trees outside. I notice that my brain is like "on drugs" (I never use drugs but I imagine), like someone who uses marijuana and gets all slow and drowsy, I never used that drug in my entire life but it is how I imagine it to be. Because the birch trees and branches look so drowsy and hanging there, I notice that the meditation - I DO attribute this to the meditation I did prior to this session - has made my mind slow down and calm. This must be good since, I imagine it to prevent those quick flash inserts from logic. Yet, judging from the "quality drawing" I have made, my RV is not slowed down at all, there is a lot of detail and the drawing looks splendid.

I took a little pause of a few minutes to cook a dessert and put it in the fridge to set and went to the bathroom and am now back at 4:45 PM.

Shook method: I find that the main element the brown tube is soft, not solid or sturdy. The brown element collapses and is flat against the ground, as drawn with the spreading melting shape at its base. IT IS covered in darker brown bumps. Water or liquid washes over the brown element. Water washes over it. The brown tube is very curvy in shape. It is wet to run the hand across it downward. We are in a shower, the blue glass disc could be the shower head. (Oh, I forgot this paragraph started out as shook method, only the first part is shook method data and the majority after that is not, but I do not know where the cut is, the rest is only normal probing here and there.)

Fiber displacement method: Water, moist, steam. Main element is a lumpy irregular uneven shaped element on the lower left side, it is spread out or smeared out in shape. Ow, I feel that the fiber displacement method is hurting and ripping on the elements, I'd better not do that.

Top view: The hole with the steam coming out of it.

Back view (new method, like top view for entire target landscape, but looking from the exact back, using this first time here as far as I can recall): We can climb up on the brown thing. But it is slippery and muddy and we slide and fall down. I don't like the back view method, it strongly dissonates and rejects with the target landscape and target signal, since it is almost an inverse or opposite of the actual reality of the target plus the target landscape I have built up.

Go to target site: There is green grass here on the floor. This seems to be a periphery element (I use that term for the first time ever in RV, periphery element would be something that is hard to find at first because it is not part of the signal for *target identity*, it is not relevant for knowing what the target is, and so for target identity it is perhaps meaningless, however for a beautiful target landscape, it would be essential).

Go to target site: There is water here it is wet. The yellow spreading fan is seen to the left. Walk at

target site, take footsteps and strides without expectation of where you are at: I am at a cold place on the right side. There is a rock or a boulder there, a solid lump of an object. Hot steam is coming out on the left side. It is a fun and happy place. The yellow spreads around like a fan and it is happy. It looks like yellow flower petals. I find the irregular boundary hole again that is at an elevation.

I probe the surroundings, or I try to learn how to, and I find that the surrounding landscape outside of the target landscape region, is a very wet place. Very wet and swampy. Something gushes out of the hole, a liquid as well as steam. The glass cup sits over above the hole. The underside of the glass cup is filled with the brown mush and is not an empty space. Steam escapes up through a hole at the very top of the glass cup. Water rains down over to on top of the glass cup. The brown element is curved and lying down like a brown elephant with a trunk and legs. I lean against it with my eyes closed. There is a dark blue blanket over us near the bottom. The brown element has fallen down, it has melted. It spews out steam above it from the hole, I saw that as I was tasting the brown mush near its base to see if it could be food since food is one of the options in the settings when the session is turned in on the website for this target pool.

I slap the brown element once quick: It lets out steam from its top opening. I poke it quick with a pen: I find the red color near its bottom. I poke the red color with a pen: The red is a liquid, the pen goes right into through it. Pick up some red into a small glass chemistry set vial: it steams!

5:20 PM End session. I could have gone further with probing but it would have been that stage where I go to elements time and time again and start to get connections and build a target landscape properly and then start to approach an RV label of the target identity, but, let us just end here. I guess that the target is:

First choice: out in nature it is a volcano. Second choice: something in a coral reef.

Third choice: flowers and an animal such as a (brown) elephant.

Fourth choice: nature but with a shower head.

Feedback: Well done! It was a coral reef, with a human diver, the picture is all water and there is one zellow fish visible, the diver is reaching toward it with its hand, and there are lots of different kinds of coral plants seen on the ground.

I am being fully honest here, as always, that I did think many times that the brown tube reminded me of something in a coral reef, however, labeling is discouraged. It was not until at the end of session when I did what I have done for the FIRST TIME EVER in my RV sessions, that I list a first choice, second choice, even third and fourth choices. I sometimes give a final label for the target identity right before finding out what the target is, but this was the first time ever that I give more than one options of target identity.

I had a feeling during the session that this session would go well. I will definitely continue with the meditation before sessions to go into that "drugged downer" state of mind. I felt that even though the meditation made my thoughts run slowly, I felt that the quality and detail of the drawing and the clarity of the remote viewing was higher than usual. We can also assume that logic might be less

able to do those rush thoughts where it inserts flash ideas that can be mistaken for RV impressions. I will definitely do a few minutes of meditation before all sessions from now on, sure it is a bit more work and an added step to the procedure............... whoa, I just saw it on the target photo. The diver has a gear that is hanging down which looks JUST LIKE my shower head only that it is yellow and not light blue!!! Whoa!

I definitely recognize the brown irregular shaped tube as coral, well I did state that coral reef was my second option. The reason I had volcano as my first option was because of the hot steam, the tube shape, the red and yellow color, and I thought it would simply have water around it. But, you do recall in my session I said several times that things and pieces have water on them, in them, surrounding them, which is not consistent with if this were a volcano sticking up from a water that were lower down.

Why did I say coral reef. I had that feeling the whole time, of nature, plants, flowers, organic. I did think throughout the session, but did not write it until the end (coral), that the brown tube was like an organism, well haha we do see that I did mention it being like a mushroom. Coral and mushroom are quite similar little plant animal thingies.

The Noetic automatic scoring system gave me a score of 98 points out of 100 points. Even though I did not detect the human.

Haha, my shower head IS there! You see, in my drawing and report I was having all this nature. Just before I was to click to see what the target picture was, I was looking at my drawing as I was selecting the parameters for the session submission at the Noetic page, and I thought huh, everything is soft and organic and nature, but then I have this shower head on top of it. Well well there it sure is on the target picture, all organic (with a diver that I did not detect) and that shower head looking thing is right there. Oh and whoa! The shower head thing (well it is not a shower head on the diver is it, but) it has got that line above it!

I MOST DEFINITELY REMOTE VIEWED THIS ONE! This session and report and feedback shows that I did remote view! It is pretty convincing results from this one.

The yellow fish, and the two halves of the yellow boundary of the goggles on the diver, as well as yellow on the diver's suit and oxygen tank on the back, could be those spreading yellow parts. I do not see any red color on the target photo at all, but recall that the red element was "heat" and "liquid", so maybe just a red colored rendering of thermal energy (heat)? There is also a curvy tube hanging down from the diver, that black tube that looks like a vacuum cleaning tube, it curves the same way as my brown tube element.

To draw green grass surrounded by water is pretty good for this one. The different corals look like grasses. The grasses element showed up very late in the session and only when I was walking around the target site in the third stage of the protocol, yet we see now when we know what the target was, that the grass element was very accurate, and it WOULD have been very central to target identity as well, but it had a low signal since it did not show up as an initial element, and also

did not appear as a secondary element, I guess since it showed up in the third stage (meaning, to probe the target landscape as a whole) we could call it a third element. Initial elements, secondary elements, and third or perhaps tertiary elements?

Wow gee, my shower head is sure enough there! How marvellous! I reported a nature scene... with a glass shower head. And sure enough, that is precisely what we have here.

Perhaps, just perhaps, the diver with its extended arm is why at some times I thought about there being an elephant, yet, the brown tube element that I had described and defined was not itself consistent with an elephant.

I am VERY HAPPY with how this session went! And I want to attribute the short meditation that I did before the session to giving me <u>clarity</u> during the session. Somehow there was a lot of clarity in the impressions, everything was more bright somehow, but my mind was very slow and dull because of the meditation.

The steam, could that be the bubbles rising up from the diver as it exhales?

I have to say, that in this report I was experimenting with trying to not write a story format text and to keep all of the impressions down in the elements listing. I actually do not like doing that. I like having things in chronological order in the text section. I think I might do the following session reports the way that I used to do them.

6:07 PM End notes.

## **ELEMENTS LISTING**

IE. Hot yellow flower tube on the left side, has a round perimeter on the top with like clay pressed edges around the round perimeter and it sinks downward from the border to the center area of the round circle. This top part sits on top of a longer tube, the tube is not straight smooth lines but is somewhat clay or a bit this way and that, same as the round border is also not perfect or hard or solid but like soft pressed clay, somewhat uneven. There is heat, warmth. It is like a sunflower. SE. It is hot to the touch. This structure is weak and would easily fall over and bend, it lacks a structural rigidity. The top region of it is heavier than the stem.

SE. Tube stem feels organic when I scrape on it with a thin metal scraper. Feels like mud or clay. The tube continues down and is hollow further down and is not just a burrowed bowl that would sit on the top. Happy and yellow. The blue glass disc sits on top of the top rounded border of the brown tube.

SE. The tube is slippery and soft and breaks apart in my hands, as if it were made out of wet slime. The tube is leaning toward the down left as if it is failing to stand up and is bending and folding slowly to collapse, like wet clay that just slowly starts to bend and fall over. The bottom of the tube continues flat across the floor almost like if it were smeared across. It is like a mushroom. I now find the uneven dark hole opening but on a lower part of the brown tube, I wonder if I should draw it there since it could be either dislocation, or that it ends up there after the tube has collapsed. I will draw it there, though it seems to clearly be (some assumption made here of course) the same

element part.

Looked at from other elements: It is soft and collapses. There is glass on top of it. The glass can rise up and the glass cuts. The brown melts and spreads at its base. Hot steam comes out of the brown tube. Something rises up from the top hole of the brown tube.

IE. Border brown clay uneven at top of flower.

SE. Hot, soft, muddy, pasty. Heat.

Look at from other elements: There is wet and activity in the hole opening on top. There is glass on top of the hole. The hole will fall down like a soft mushroom that collapses. The mouth opening is melting and falls downward.

SE. The flower tube spews a yellow liquid out toward the right at the vertical elevation height of where the top of the flower is.

Look at from other elements: The yellow rises up, it spreads, consistent with the spewing out of yellow liquid as seen earlier. There is hot steam at the yellow. Cannot find yellow from the blue glass disc.

- SE. Disc, light blue bumpy spotted is at top of the flower tube. Has some weight and is rigid and solid and strong.
- SE. I find the same kind of disc appearance-wise, and this one this time made out of glass, hovering in the air in the top right quarter of the image. Possibly the same element but with dislocation (I coined the term "dislocation" in the previous session: to see the same element in two different locations on the target site, and to suspect them being the same element but dislocating, like seeing double). The disc that sits on top of the top opening of the brown tube, was lowered down to there by the line that is attached to the top of the blue disc. There is red color beneath the blue disc. SE. Seen from brown tube (look at, from), the glass is a dome on top of the opening. The glass is suspended by the wire that hangs on top of it.

Look at from other elements: Sharp, it presses down on the top opening of the brown tube.

- SE. I find that the outside wall of the brown tube is covered in many little dark brown bumps.

  SE. Sharp edges, it cuts. It is heavy but it stays up where it is at. The bumps are surrounded by water, the brown tube element is under water.
- SE. Hot steam is coming up from at the uneven border of the top of the brown clay flower. Hot steam rises also powerfully from the red liquid element. The hot steam spews out the yellow liquid paste.
- SE. Something yellow rises up and spreads around from the brown uneven border.
- SE. Straight solid line from above, at its bottom sits the blue disc that is above the brown clay tube. This line feels murky, like if it is in water and is muddy itself. It is slippery when grabbed. The yellow flower petals are beneath it.
- SE. Red color at the lower region around the brown tube, the red is fluid and liquid and hot. Hot

steam rises powerfully up from the red element. We are inside of a liquid inside the red element.

SE. Green grass on the floor right side.

## CONNECTIONS

Yellow liquid spewed out is same element as yellow flower petals spreading around at the top of the brown tube element