

Lyn Buchanan Target tasked by Lyn Buchanan - LB27

Remote viewed by Anita Ikonen - Method EEC

Target Oct 11 , 2006

Today August 11, 2018

Start 8:25 PM

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Target. Oct 11 , 2006

Before I clicked on the target number which takes to the page where I choose Basic and then end up on the page with the black box that has the target number and the feedback link, a first impression as soon as I saw Oct 11 , 2006 without wanting to see it on the first page because I was not ready, the first impression was of a woman who is coughing and mildly upset. Then when I was ready to click the two times to get to the page where I am now which has the black box and the feedback link and map link and clue, I saw and felt a giraffe. And now I am seeing a lot of bright yellow color in the background. The clue stated is that this target is a human, so that is a promising start.

The neck or the throat is active again, a person is coughing, choking on something, trying to cough something up, wheezy. The background is so brightly yellow the entire sky is yellow, the ground looks like it would be sand and there are some smooth not sharp mountain ridges in the background.

The person is coughing and leans their head and neck down when the person is standing there so that the person can cough, the person then falls down on their knees and continues to cough and now leans the hands on the ground too for support and then stops coughing and lies down in the fetal position on the ground on one side of their body and now all turns blue and black of the night and it is now cold around the person and the person has no blanket to pull toward themselves to stay warm and the coughing has stopped but the eyes remain open in the dark of night, and the person holds their hands against the knees to keep the knees and legs pulled up against the body, but at this time when it is night the person is now smiling, he remembers something here then.

I see the spots of the giraffe now, the brown patches and spots of the giraffe and the long neck. Why a giraffe when the target is human? Oh the clue states that the target is human and that I am to describe the human's activities, ok so I am off to a good start I guess, because my initial element was not a building or a thing or a place so I am happy with that. Leonard has also added the warning box that this target may be mildly emotional for some viewers.

So what we have by now is two indications to the throat of a living animal meaning either a human or a giraffe, both elements indicate strongly to the throat, the human by coughing and the throat was highlighted in attention and the giraffe is an animal which is characterized by the throat.

I look at the target number I again see a human who falls down on their knees and is coughing and is not able to breathe or cough properly. There seems to be some sense of medical distress but I do not feel it as a panic or a pain it all feels mild for what it looks like, I mean that it looks worse than it feels. Yes, something got lodged into the throat, and therefore he cannot breathe.

The person now points with a finger or a thumb several times toward his throat.

THROAT is keyword here. The throat got stuck or lodged with something, something got stuck in the throat and the person is unable to breathe.

I see white cumulus clouds drifting by in the direction to the right in my drawing.

Something was happening to the throat. Throat is the main element here. Something got lodged into the man's throat, it looks to be a large lead metal ball. This metal ball looks to have been made by first casting the two halves, then fusing the two halves together with some heat and that leaves a slight misalignment in the center and a little protruding line that goes around the ball in the plane of the fusion. This is like a small cannon ball and it is made of the metal lead which is a somewhat soft metal and has that light color gray that is unique to this metal.

There is the lead cannon ball lodged inside of the person's throat.

This is something hot and hectic.

Yes there is a human there standing on two legs. The human is in some trouble. He grasps his throat with the both hands and falls down on his knees holding his throat, then he falls down on the ground and lies down on one side. The person does not go anywhere else from here, so there is not a travel or a journey involved. The throat, he clasps his throat.

Ok so instead of looking for other elements I must realize that the throat is the central or main element here. I look at the throat and I learn that the man was killed here.

Since the clue states that the target is a human, I begin to investigate the element of the human now to try to collect more information, and this time I try a new method, I try to find information about the human so that when this information comes to me it should feel light and automatic the same way that initial elements feel, rather than the focused and effort feeling of collecting what now in the effort stage would be called secondary elements or secondary information, the reason is to hopefully make this information that is gathered to have the same high level of accuracy as initial elements do, and to achieve that just by changing the way that the information feels when it comes to me, I try that.

Meaning that I do not use focus or effort, instead I lightly grasp for information about the person, to bump into information that is lightly floating there, I will see if this new method proves successful.

I find long brown hair that hangs down freely and loosely. The person thus looks like a hippie, as if he wore some jeans and no shirt on and as if it were a man judging from the look of the bare chest and also the hair already was like of a man with long hair. But something bad is happening to him his throat he cannot breathe because an object got lodged into his throat, so he suffocates therefore.

The human was the first initial element, so I can confidently keep returning to it, knowing that it is a root or source of potentially accurate information. If one however returns to a secondary element which would be inaccurate, then I presume that only more inaccuracy can be retrieved from building on an inaccurate element. The initial element of the human and its throat is an accurate platform from which to explore the collection of new information. If I am insecure I can always return to the human and the throat to start again.

It looks very yellow here, and this time I saw some pills. The pills are a secondary element it could be

logic thinking that something in a man's throat would be pills. Pills is a secondary element, I will not even list it in the elements listing after just this observation.

Yet there is no sense of urgency or panic here. How come a man would be suffocating with something lodged in his throat but there is no feeling of having been attacked or murdered, no pain and fear and panic and suffering? So could it be a suicide, logic asks, trying to piece things together in what makes sense? Speculating is not allowed in remote viewing. This kind of connections made by logical thinking are not to be included into the building of a report.

I grasp mildly again after the person, notice this time even though this is the effort stage, I do not use any effort, I try a different kind of way of softly and gently bumping into the information, rather than focusing to retrieve something, to see if it leads to the same accuracy as initial elements have, since initial elements feel soft and gentle too, just an idea.

He swallowed something that looks like a lead pill like a bullet or a cannon ball made out of light gray colored soft metal lead, it got into his throat and now he suffocates therefore, so he holds his throat with both hands and then he drops to the ground and on his side.

Nobody else was there hurting him. This happened to him all alone. Nobody did this to him. He has no shoes on, so he is barefoot. And his jeans are cut off halfway on the lower legs at the ankle with threads around the fringe. He has no shirt on.

The throat, throat is the main element here.

Ok so look at the throat, let impressions flow to you: Something got lodged into the throat, the light gray colored lead metal cannon ball with the line that goes around it from where the two parts were fused together to make it.

Investigate element lead ball: it feels soft, and it is incredibly light weight to the touch considering its size, meaning that its density in terms of mass is low. It seems to dissolve easily, and so it can be easily carried because it weighs little. With dissolved I mean that it seems to dissolve in water, but it creates a great pain in the stomach when eaten or ingested. The man couldn't breathe anymore, and so he suffocated and died. He wasn't asking anybody for help when that happened. He is all alone on the ground.

But the strange thing is, that when he is already lying on the ground, he smiles. This too makes logic think that it could be a suicide.

Investigate human: He chose this particular spot, he was going to stay here, he is not going to move to another location from here, there is no sense of urgency to go anywhere else, there is a feeling that this is the place to be at. He does not want to go anywhere else from here. He chose this spot to lay down on.

It is very bright light yellow color all around.

What bothers me is that he is HAPPY. With all of this happening to him and around him, he is smiling and happy. Why would someone be happy to be choking and to have something lodged in the throat?

Now I see there are brown shoes on the person, but still the same cut off jeans. He chose this place and it was prepared for him somehow.

Investigate who is this human: The mind is very active and busy at this time, with lots of thoughts running through the mind while this is happening, so the thoughts have to run fast because there is no lethargy or boredom happening. It is all happening quickly or rather that he has got a lot of thoughts to go through during the course of these happenings. A very busy mind thinking fast quick thoughts.

The thing got lodged into his nose and throat. It is a lead metal object.

It wasn't a festival, or a celebration, nobody celebrated this, it happened alone. He chose to land on this spot on this part of the ground specifically, it was his choice to land here. He had prepared this site for himself. There was some concern in him, but no fear. And he had a lot of thoughts to think of, running through his mind.

He has been shot with a cannon ball, and then he lies down in the fetal position on the ground. He looks like a man with long brown hair and no shirt and cut off jeans and barefoot. The thing is lodged in his throat.

The thing that he has in his throat stops the heartbeat and pulse. It lets the rhythm of the heart go down. He didn't want to be seen when he had done this, he wanted to go through all of this alone. He was going to prepare this place for himself, meaning this place on the ground. He has the lead metal also in his nose. I see the cannon ball moving across the air. The cannon ball does not *feel* ominous or harmful.

A man in a fetal position holding his hands on his knees to keep the legs close against the body. Nobody wants to catch this man, for instance such as in a net.

Investigate emotions of the man: He feels worry, but he has decided. He has determined what he needs to do, his next step. But there is nothing adamant or forceful about his mindset regarding that. It is a mild-feeling knowing. A destiny in a sense.

Investigate thoughts of the man: Lots of planning, and setting things up! Of what goes where, and of what to do and of how to end things, how to cut off ties to things.

What plans was he making: About where to go next, about this place that he had decided to go on.

Investigate his hands, is he holding anything: He has something red in his hands.

Investigate red in his hands: he sets it around himself, wraps it tight around his body, firm like how one fastens a belt. He then lies down on his side to sleep but he is awake. He has chosen to do this.

What has he chosen to do: To say goodbye, to loosen ties to things in the world.

I now try a new method, instead of immediately starting to write to report my impressions, I let an impression build up for a bit of time to let it develop before I come to put it in my report in a bigger piece, this way I am not disturbing the development of information by not charging in to write it as soon as I have the beginnings of an impression, this is a new method because usually I always report fast when something starts to come, but now I am thinking that maybe I can stay calm and just take

the time to let something bigger build up.

A few minutes break here to get a snack and use the bathroom I forgot to add the time entry but maybe 5 minutes away.

I use the method of letting the impression build instead of reporting an impression as soon as something starts to show up. He lies down on the ground on his side and curls up together and there is some metal over him. His eyes are open and he is still aware during this, he hugs his legs to hold his legs close toward him. He doesn't speak anything during this time. The metal was there for him, during his last moment, and then when he did close his eyes he did not want to open them anymore, and now everything got real cold around him and the lights went out and it is black and blue darkness and cold around him.

The yellow color. The man falls down on his hands and knees and is coughing real hard, his head is facing down to the ground his head and neck leaning toward the ground rather than held up. This time I used this new method and it was successful or helpful I think, because first I had the impression of the yellow color surroundings but I did not come here to write it down immediately, instead I placed it into memory and continued letting impressions materialize and form, and then I saw the man more clearly than earlier when I have seen him on his knees and hands coughing, so this new method is useful. I also thought that perhaps this method means that video or audio recording impressions might be more effective than writing, because every time I write I sort of break the impressions that were forming, writing is like a harsh interruption.

This time on his hands and knees and coughing, I saw that his neck looked like an animal's neck, somehow longer and flatter on the sides and the coughing as well just made it seem almost like a dog barking or a cattle. I have seen earlier examples where impressions that *are* coming from an animal, will be interpreted and seen in my mind in a human version as if it were a human. (I typically struggle when there are animals, perhaps because logic could only be expecting a human and a specific type of animal is more rare?)

Note about new method: to let impressions build up rather than interrupting them at the onset of the first impression. This method created one impression (yellow surroundings) and then hopped to building another impression (man on all fours coughing), important note about this method.

The metal bullet. He held it in his hands first. And he decided to swallow it. (Also the new method, first I saw the bullet, but I did not come to write that down instead I allowed this sequence of three impressions to form and then I wrote all three.)

Oh, now it looked like the throat of a horse. Because the throat leans diagonally down, was flat on both sides and had some hairs growing on it. The throat of a horse.

Interesting that yet again, the element of the throat comes up. The throat of the man, the throat implied by the sighting of a giraffe, and the throat of what looked to be the throat of a horse. So the throat is the main element here, but the human could be an animal meaning a four-legged mammal in this case. We have a human who gets on all fours and coughs in a strange way, and a throat that looked like the throat of a horse. Yet the target clue states that the target is a human doing some activities, so a human should also be there. (This shows an example of why the clue is not helpful. Any time when the clue guides the remote viewer, it can only lead to logic stepping in to try to use

the clue to an advantage, which leads to failure.)

The bullet is in the throat. The bullet is in the nostril. He holds the bullet in his hands, and then he takes the bullet into his throat. So he placed it there. He spun around first, on that spot on the land, he turned his body around and then he lied down on his side there. The way that he spun around also looks more like animal movement than a human movement, more like how a horse or a dog moves to spin around oneself about 180 degrees, humans do not do that.

Well we should be a bit more optimistic here. The target is a human doing activities, and so far I have been describing a human who is moving about and something happening to him. I am not describing a building or a location or a vehicle as a main element, so I could be on the right track here. I just have to watch out for false elements and false history and I have to keep building on the confident initial elements, so we keep going, I have a good chance at this one.

He lies down on the ground, and he decides to stay here. He is not going to move or be moved away from here.

Investigate location: It is so bright yellow here! It's an animal that spins around half circle around itself and then lies down on the ground, a white animal either a horse or a dog, and like I've said when it lies down it smiles.

"The choice to take the bullet has been made", I heard.

It's a person or an animal that makes the movement to go ahead and lie down on the ground. The metal went into his nose, and then he swallowed it, and then he smiles.

A person or an animal spins around itself half a circle in one spot then lies down on the ground curled up together on their side. Something was swallowed, eaten, into the inside of the throat, I saw now the inside of the throat and again it looked like an animal's long neck throat and I saw also the tongue there. A spinning around oneself motion, but only once around not more and then he lies down on the ground where he had stood to spin around.

10:04 PM A change of scenery, I get ready for bed and will continue with this target in bed. In part because I am getting sleepy and it is my bedtime for work tomorrow, but also I think that remote viewing might be easier and more comfortable then.

10:11 PM Have gotten situated in bed and can continue in a more relaxed environment, the lights are also off so it is dark except for the light from the computer screen.

The yellow color, and a rhino with an animal's throat of white color with hairs on it, a long slender neck with flat sides on left and right sides. Again I used the method of not reporting the first impression but to let more impressions form and to then report more than just one impression at a time. Would I have seen the throat again had I not used that method? Or would I have only seen the yellow surroundings and then written and not seen the throat this time?

He picks up something from the ground, the metal, and then he decides to eat it. He was proud of his choice to eat it. He was not regretting anything. The throat, something has gotten lodged in the throat, and the man cannot breathe with it in there (see, I collected three impressions before I came here to write).

Human, spins around, long brown hair, holding the metal piece in their hand.

Lies down on the ground.

The metal thing that goes into the nose. And then it becomes lodged in the throat. (Logic just now wanted to say that this doesn't make any sense, because it cannot find anything from my past experiences that would match with this description, but do not let logic talk like that, remote viewing is not a logical exercise.)

He wants to pull a blanket over himself when he is curled up on the ground. There is a metal in the nose, maybe I guess kind of like the metal ring that one has in the nostrils of a cow or a bull I guess that could be it, not sure if RV or logic made that connection there.

He wasn't going to go anywhere else than this spot, and he is a person curled together, and when he is curled together he is smiling and happy.

THERE IS A METAL RING IN THE NOSE OF THIS COW OR ANIMAL!

There are no other people here, just this one man or animal or man with this animal though I feel they are the same.

What does it feel like here? Good. He smiles.

He puts something down on the ground like a blanket, a red blanket for him to lie on. And then he swallows the metal into his throat, and he curls up together and smiles and night comes and the air becomes blue and black and cold around him. But he smiles then when he is curled together.

Logic says that this could be a person who is jumping off a trampoline into the water, that could describe the choking or holding one's breath, the curled up posture, the surroundings going from yellow light to cold blue and black and the smile of enjoying this sport, but what then would be the metal that he swallowed? See what happens when logic is allowed to say what things seem to be, the report ends up getting several different kinds of guesses and it makes the report vague. Therefore I have to say that this guess by logic does not count. Only what remote viewing finds can count.

LONG BROWN FREE-FLOWING HAIR. And something the human put into its mouth to eat that was a solid object like a whistle or the metal.

Focus on the brown free-flowing hair: I see that the neck is brought down, this was also one of the initial elements or descriptions, that the neck goes down toward the ground, leans down the neck.

New method I just used there for the first time with the hair: to recall the impression that earlier formed, how it felt and was manifested in my senses, and to recreate it by recalling it and to then let adjacent impressions form around it. So this is similar to the earlier new method of letting several impressions form before adding into the report, only that here I *choose* what is the *first* impression and then adjacent impressions form around it and I then report the several impressions once I have a few.

Brown hair, let adjacent impressions form: The neck brought down, like bowing. I recall the impression of the brown hair, and it takes about a minute of no adjacent impressions... I then get the

"throat" again as an impression. Note that it is probably important to recall an impression in the way that it had already formed previously spontaneously, rather than to reconstruct a new impression out of the element encountered, so that the impression recalled is ideally identical to the impression had earlier, because a *copy* of the impression might create one that is modified by logic or just modified and might lead to wrong adjacent steps.

Throat, form adjacent impressions: passing out, losing consciousness, but smiling at the end. The body falling over to lie down on the ground.

Investigate human by touching: The eyes look sad. He falls down to his hands and knees, and then drops down on the ground to lie there, and he has placed a strange metal into his mouth. He lies there.

New method: push against the human with your hands in order to locate the physical mass and connect to this element. I cannot push against him, because he lies down. Push against him on the ground, push enough to shift the body slightly forward from where it was, in order to connect with the physical mass of this object. I see a white sheer canvas over the person as he lies there on the ground. The person is not going to sleep, even though he is lying there curled up. He is wide awake.

I sense no anger, stress, panic, fear or pain.

Element metal cannon ball, find adjacent impressions: it goes into the mouth of the person, and then he lies down there on the ground, and he doesn't want to stand back up again or to leave this place, and, it was a conscious choice that he had made. This metal it goes into the mouth.

10:43 PM Ok I am clicking the dowsing map. Well, so the target is somewhere within the United States. Let me overlay the impressions on the map to try to feel where in the United States it feels to be. (Dowsing map is a separate exercise to the remote viewing exercise, the results of one does not reflect on the results of the other.) I feel it in the center of the United States, north-east from Texas, like the two states that are above Texas somewhere there (above and a bit to the right from the state of Texas).

10:46 PM I click on the feedback link.

Map was not correct.

This would have been a fantastic target if I would have gotten it. The target was Bozo the clown. At least I find the giraffe and other animals as pictures in one of the photographs. Well, there is a large yellow screen that has a giraffe and other animals as drawings on it. I don't know what to make of this report and its correlation to the target. A person acting as an animal and getting down on all fours, lying down on the ground and smiling. The red blanket over him I mentioned several times could then be the clothing. What about the coughing and choking? The spinning around oneself which I said is not like how a human would move which is more like the movement that an animal makes, lying down and smiling. What doesn't make sense is the metal in the throat, but I did at one time see that it was a whistle, in one of the pictures Bozo the clown has a clarinette in his mouth, though that would not be lodged in the throat now would it.

I don't know. Ideally I should have had more visuals which could have been specific and easy to connect to the target images.

10:56 PM End.

ELEMENTS LISTING

Human coughing, first supports hands on knees with bent back and head and neck bent down a bit while standing, then falls down to the knees, then down to knees and hands, then lies down on one side in the fetal position on the ground holding hands on knees to keep legs against body. Indication to the throat.

Giraffe was seen, yellow with the dark brown spots, indication to the throat.

Ground covered in sand.

Smooth meaning not sharp outline mountain ridges in the background.

Yellow background to the whole target landscape, seems to indicate daylight. Later is night, cold and blue and black.

Clouds large cumulus clouds drifting a bit fast in the direction toward the right in my drawing.

Small lead metal ball like a cannon ball that got lodged in the man's throat.

The throat of a horse.