Lyn Buchanan Target tasked by Lyn Buchanan - LB11 Remote viewed by Anita Ikonen - Method EEC Target Mar 15 , 2006 Today May 14, 2018 Start 8:19 AM

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I don't want to see the clue but I want to see the target number and the link that takes to the feedback page (without clicking it). Perhaps I can manage to keep this typing box in the center to conceal the clue and see target number and feedback link above and below. Ok got it.

This one is mellow, mild. Warm and yellow. No drama or action happened here. A bright warm yellow light shines, it becomes brighter gradually at first, but it doesn't grow to full size. This target is not centrally related to people, but to that bright light. The star of this target show is not a human but all eyes must be on the light, this light is the star of this show. The light is soft and not sharp, soft and gentle instead of powerful. The radius or diameter of light does not grow to its full capacity or potential, also the brightness does not go to its full potential. I feel that I have to look into this light.

The soft light. This target is soft, I find no human and I find no solid block structures at this target as initial elements. Inside of the yellow light is in its center a solid dark gray colored metal object, either a UFO spaceship or some other metal core.

When I look at the center there is a beautiful spectacle of moving lights, a twirling formation of light arches that appear and disappear, it becomes like a light show but could also be a natural process that was not meant to "entertain". At a very quick rate, arches of light form that remind me of solar flares, these arches have the points of the arch on the object of light and the arch buckles upward from the light object. These arches form at a rapid rate and only last for a fraction of a second before they are gone. This forms a light spectacle that is quite amazing to see! Actually even though speculating (labeling from logic not from RV) is wrong I wonder if this could be a model of an atom but let us not guess at labels.

This object is far away out of human reach. A human cannot grab this and put it into their hand. This entire element is out of reach for humans. This object it cannot be eaten (not that I tried).

The inside of it, the black metal, it cracked, it broke into two pieces, it was like a soft metal that got cracked. This object has this tremendous beautiful light show activity, this is a very active light object, it is teeming with activity, like its own little powerhouse and energy generator. The inside of it is own engine.

Note what happened in this target: I have listed two different elements (the light and the metal in the center) but these are both part of the same *object*. Therefore we must update our use of vocabulary and make a careful distinction between object and element. One element can be one object, but there are also cases where one object is made up of more than one elements. Element is therefore not synonymous with complete object.

This metal there on the inside it tastes bad, it leaves a very bitter and dismaying taste in my mouth. This object is its own powerhouse it will be running this energy engine for a long time. It contains a lot of energy.

It doesn't smell bad here. This target is not a smelly one. The inside metal keeps halving, does this represent a "half life" of atomic particles or of the formation of materials inside the sun? My guess at this point is that the target is either a star or a nuclear compound. I no longer think it could be a UFO because of the halving of the soft metal it crumbles into two pieces so easily, the metal is almost like wet metal because it is so soft to fall into two pieces.

Oh no something strange is happening to me, I am having a very strange taste sensation in my mouth but this taste is also in my head, it is some strange side reaction to this target. I don't normally have any "taste hallucinations" so this is a new experience, this is different from "tasting in RV", this is more of a strong and physical experience, and not just a perception hunch of a taste as what I have in RV. This taste is long lasting and affects not just the sense of taste in the mouth but also in the head somehow. This is different from the bitter taste, this taste is more of a strange taste I cannot really describe it tastes a bit like boiled egg whites, a mellow taste side effect from interaction with this target, I don't think it to be an actual taste of this target but I think this is a side effect from interacting with this powerful target object because I don't think humans are meant to be anywhere this close to this object.

Where is the object located: Now this is interesting, it is the light that it emits, that light itself is what keeps the "arms" extended outwards in every direction which keeps it in place. Imagine the seed of a dandelion flower which has those fluffy white floaty arms extending outward which can be picked up by the air, these fluffy arms are light and gentle and not very solid but because of them the seed object itself will never sit against the ground, these light fluffy arms create the distance that the central seed keeps to any surrounding space. With this RV object the light emitted creates a "ball" around it which determines its placement.

What kind of a space is this object located in: It hasn't been falling for a very long time, but it used to fall downward once but now the falling has stopped. This is in a place where sounds make strange echoes, sound travels differently and sound is hollow in this place. The light around the object makes the object defined as "delicate", meaning beautiful and dainty.

I have a description, now I need a label.

This object is not meant to be taken or touched by a human, I see that when I reach in my hand to touch it. This object is its own electrical powerhouse, it maintains its own electricity and it runs its own machine (for instance to create the solar flares and to break the brittle metal in half) at a fast pace, it is not trying to preserve its own energy by running its machinery slowly, instead it is running and powered up real fast.

There is Arsenik in the metal center, I wanted to say that earlier too but logic told me that Arsenik is too unexpected and specific to be allowed to mention, but logic needs to shut up I want to say Arsenik. Let me do something I normally never do for RVs, I want to look on the internet what Arsenik metal looks like. I wasn't sure at first when I said Arsenik, but yes I find pictures on the internet that Arsenik is a metal. The poison called Arsenik is instead a white powder which that is why logic was telling me it can't be Arsenik. Here is what I am saying. When I wanted to say arsenic I of course recalled from my past library of encounters (meaning from what I know in my mind, this is a part of logic) that arsenic is a poison that people sometimes use to poison other people with, and what I thought I knew about arsenic is that it is not a metal and that it is a chemical that is like what you can slip into someone's food to poison them with, so therefore logic was using what it thinks I know about arsenic to say that no there couldn't possibly be any arsenic inside of the brittle metal core of the target object. But I wanted to say arsenic anyway because I got this twice and strongly. What is interesting is that now on the internet I learn that arsenic is one of the chemical elements, meaning in its pure form. The arsenic poison is a chemical compound where arsenic atoms or ions are combined with oxygen because the poison called arsenic which is a white powder is arsenic trioxide. But arsenic also exists as a pure compound, as one of the chemical elements of the periodic table, and as such it is a metal. I read on Wikipedia, "arsenic occurs in many minerals, usually in combination with sulfur and metals, but also as a pure elemental crystal, arsenic is a metalloid". I read further that arsenic is used in alloys of lead, meaning that people combine arsenic and lead into a combination clump of metal and these are used in car batteries and ammunition for example, I also read on the internet page that arsenic is used in semiconductor electronic devices. I read that all forms of arsenic "are a serious risk to human health". The United States Agency for Toxic Substances and Disease Registry ranked arsenic as number 1 as a hazardous substance, arsenic is also classified as a group-A carcinogen.

I am now using the internet to help my remote viewing, I don't know if that is "allowed" but I am doing it here FOR THE FIRST TIME. You see, I have this powerhouse object which contains a metal core plus arsenic, I want to read on the internet if there is arsenic inside stars. If there is not, then what we have could be a manmade object. The internet reveals that arsenic *has* been detected inside stars. Ok so arsenic *can* exist inside manmade electronic devices and also inside stars, according to the internet, and, without reading too much into it, it seems that the type of manmade electronic devices that have arsenic are car batteries, electronic circuits, and what I think meant solar cell panels. All these options could mean a star or a device that deals with power, all

these are consistent with my description.

I now think I know what the bad taste is in my mouth, not the bitter taste but the strange dull numb taste that tastes a lot like boiled egg whites, it is possibly coming from my RV exposure to arsenic. I am experiencing some sort of toxic effects or from radiation from the object but it has that bad taste to it and this is not just the RV tastes I often get, this is a taste in my mouth, on my tongue, and also on both sides of the head.

Let me go inside of the brittle metal again. The metal really is brittle and it crumbles easily into two parts, it has exactly the texture of wet clay.

I am getting eager to see what the target is, and I think we already have enough of information collected, but I want to bring this further if I can. I want to know if the object is natural such as a star or an atomic nucleus or if it is a manmade electrical object.

Let me see what the clue is. It says that the target is an activity.

9:21 PM I will click to see what the target is. I do not have a definite label for this target this time but we can rate it based on the correlation.

The target is, "The Dalai Lama holds services". Behind the Dalai Lama is a large banner which places a shining yellow star that is depicted in the center of the flag to be right behind his head. Interesting that the main element, due to the problem of emphasis, chose (itself chose) to be the sun on the banner and to take me to a real star.

With the emphasis from the variety of elements that are depicted on the target photograph, it was the sun on the banner which had by far the greatest emphasis on this target. Why is that? Perhaps we would have to find out the meaning of their flag? Why did they choose to place a sun or a star at the center of their flag, and why did they choose to place this flag behind the leader of Buddhism the Dalai Lama?

I am going to pursue this question, I already rate this RV with at least a grade of C because the sun was central behind the Dalai Lama. I want to read on the internet about their choice of flag to see if due to the problem of emphasis this RV result is better than it seems. Someone reading this RV report would of course want a good RV report to describe the Dalai Lama, to describe humans with orange and red colored clothing, people sitting in a room, perhaps to mention the banner in the background, and to talk about spirituality and philosophical beliefs of ascension, but those are just what *you* might want from an RV of this target if *you* are looking at the photograph. But the problem of emphasis is a real thing. A remote viewer is going to feel the different elements at different strength or emphasis, because what stands out from a photograph visually, is not always the same as what REALLY stands out in energy with emphasis from a target. And this is not

implying inaccuracy from the remote viewer! It depends on what elements have more emphasis.

The RV in Stage 1 of the Vietnamese freedom is one perfect example of an RV I did which illustrates that the problem of emphasis is not an inaccuracy. In that RV I perfectly described a freedom movement, whereas the photograph itself was of a man being shot in the head, he was thought to be part of the Vietnamese freedom movement, but if someone only looks at the photograph of this target they will want a remote viewer to describe a man being shot in the head. But a remote viewer who instead describes the freedom movement (I also described people dying and leaving their bodies) is MORE correct, because the target is not someone being shot, the target is the bigger picture the freedom movement.

So I want to find out what the sun means in the Buddhism flag. Do the Buddhists themselves place their focus more on the meaning of that star on their flag than on the Dalai Lama or on the humans present in that room?

I read on the internet, the flag turns out is not the flag of Buddhism but is the flag of Nepal. From Wikipedia, "The Tibetan flag" "is the national flag of Tibet, adopted by the 13th Dalai Lama in 1916. Banned by the Chinese government since 1956, today the flag is used by the Tibetan Government in Exile", these Tibetans are now in India and had to leave their home country. The Dalai Lama had decided he wanted a Tibetan national flag made and he designed it himself. As I understand it, without reading too much into the story, the Tibetans were living in a small area that is encased by China and the Chinese deny the Tibetans their independence. Tibetans consider themselves a people that is separate in culture and history from China and they do not want to be forced to be made into a part of China. So having researched this a little, and now looking at the target picture again, do we see a target that should be described as "a room with people", or when we know that they are Buddhists, described as "a room with Buddhists", or when we know that their leader the Dalai Lama is in the center, the target best described as "a room with the Dalai Lama and other Buddhists", or if we know the history of this people and how they were exiled and denied their own independence, is there more energy and emotion in their flag, the flag that represents their hope for independence, would this target best be described with the most emphasis on the flag? Is this a room full of men sitting there, or is this a room with Buddhists, or should one cite quotes from Buddhist philosophy, or is this the story of a people who were denied their place and identity on Earth and who embodied that story into their flag?

Here is a website which explains the meanings of the symbols on the Tibetan flag: http://tibet.net/about-tibet/the-tibetan-national-flag/

Quote, "At the top of the snowy mountain, the sun with its rays shinning brilliantly in all directions represents the equal enjoyment of freedom, spiritual and material happiness and prosperity by all beings in the land of Tibet."

The sun became the central element of this RV. One cannot deny that the sun is in the center of the target. I was however taken to a real sun with solar flares and a metal core. A symbolic sun element took me to RV a literal, real, sun.

A visual RV of this target picture could, acceptably, produce a description of just a sun. If a remote viewer is remote viewing and not just guessing, then to produce a report which focuses on the description of a sun or a star is acceptable from what we see on this photograph. This, if the remote viewing is resting primarily on the sense of <u>vision</u>. Visual access to this target and to this target picture could acceptably describe "people", "people in a room", "red, blue and yellow colors", "sun or star". This is what we see on the picture if we are only using visual access to the photograph.

If however a remote viewer is using feeling access to this target, they could then feel and know information which cannot be learned from visuals, including who these people are or their history or how they are feeling at the time of this picture.

I will regard for this target that my description of the star element is not a guess and is not a coincidental accident, I also regard this element to be highly consistent with the target image. Based on purely visual access to this target image, the sun or star is a good answer.

As to a feeling access to this target, what do we expect an accurate feeling to be? Meaning, what elements hold the most weight in this target? This is not a matter of opinion, as each person would judge it differently based on their guesses, some would guess that Buddhism as a philosophy should be of most emphasis, or the history of the Tibetans to be of most emphasis, but an ordinary person who cannot "feel" a site, is unable to decide what elements must hold the most weight in a target (only a good remote viewer can feel a target and tell us what elements feel with the most emphasis at that target, to determine what the "right" answers should be).

Then the question is also, for this target, are visual elements, or are abstract elements, of most emphasis or most importance for this target? We do not know, and definitely someone who is not a remote viewer or empath themselves is not qualified to decide what is the right answer for a target.

Nonetheless, regardless of what the "best" answer for this target would be, either visual or felt elements, the sun or the star is acceptable as it is visually a good answer, but it is also perhaps a good answer with regard to emphasis, meaning that we do not know that the symbol of the sun might not be what is considered the most "central" or "important" to what this target actually is. A target is more than a snapshot photograph, and remote viewing is more than just visual.

During this RV, I will add now afterwards that I did several times sense that there was a man at this target location but that the man was looking at the sun, he was looking at the sun and from him I learned that the importance was to look at the sun and not at anything else that was around it.

Perhaps I could have looked at this man to describe him further, but from how I was feeling the emphasis (or importance) of target elements, it was only the sun that was important and the man was not important relative to the importance of the sun.

I will have to grade this RV with a B because I described a central visual element of this target. It is interesting that I was taken to a real sun and not to a symbol sun on a flag, but this RV in my opinion clearly suggests that remote viewing took place. Remember that I am always hesitant about giving good grades, I always tend to give lower grades then my RVs are due, I am more likely to bump them down on grades than up. But this target in my opinion demonstrated an RV link to the target.

9:56 AM End.

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FLEMENTS LISTING

Bright yellow light, soft light, becomes brighter at first but does not grow into full size of light radius also does not grow to full brightness of light relative to its capability, it could have grown more. On surface makes arches of light at a fast rate, they last each only a fraction of a second, forms like a light show spectacle and looks like solar flares. This object is out of reach for humans. This object is teeming with activity like its own little powerhouse for energy, it is absolutely powered up and active like a machine of its own. The inside of it is its own engine. Object is delicate, meaning beautiful and dainty.

Inside center of light is a dark gray solid metal core or UFO spaceship. This metal cracked into two pieces. This metal tastes bad, bitter in the mouth. This metal is soft and almost wet to be soft because it crumbles so easily into two pieces. There is Arsenik in the center metal, at least as a component material but I don't think is all of the metal. The brittle metal has the texture of wet clay and easily breaks into two parts. There is arsenic metal inside of the metal core, but I see that arsenic is only one part of the metal core, all of the metal core is not only composed of all arsenic.